

Nogier Quick Guide

Nogier Frequencies

French neurologist, Dr. Paul Nogier, is best known for his innovative work in the development of auriculotherapy (ear acupuncture). Based on this research, Dr. Nogier's findings and innovations have had profound implications for neuropathy and chronic pain patients, by helping to increase blood flow, reduce inflammation and assist in general healing.

Dr. Nogier developed a unique pulse test. This test enabled him to determine that all tissues and organs throughout the body (which develop from three basic embryologic tissues; ectoderm, endoderm and mesoderm) are in resonance (sympathetic vibration) with specific frequencies. Dr. Nogier identified these frequencies as harmonics of the musical note D. This is to say that all the tissues of the body resonate to harmonics of D. Dr. Nogier found that these and other harmonics of D have healing effects. These harmonics are the Nogier frequencies.

Based on these findings, he designed electronic instruments that delivered seven pulsed energies into the body for the purpose of healing injured or diseased organs and tissues. These pulsed energies induced healing by exposing damaged tissues to their normal resonance frequency.

Nogier A | 292 Hz

Nogier A is used to **encourage cellular vitality**.

Cellular Vitality: Resonates with the Ectoderm (outermost tissue) that forms skin, glands, nerves, eyes, ears, teeth, brain and spinal cord. Assists wound healing, skin and nerve repair, and reduces scar tissue, inflammation and tumors. Try D if a chronic condition related to A is not improving. Frequency A is a universal frequency (as is G) to try for any condition.

Nogier B | 584 Hz

Nogier B is excellent for people with **digestive issues**. It may improve **nutritional assimilation**.

This frequency chimes in perfect resonance with Endoderm (innermost tissue) that forms the lining of the intestinal tract, the lungs, the bladder, the urethra, and the auditory tube. This ectoderm also forms the thyroid, thymus, liver, gall bladder and pancreas. 584 Hz appears to improve nutritional assimilation, allergy problems and balances the parasympathetic nervous system.

584 Hz can also be used for circulatory problems, edema, lymph issues, autoimmune disease and issues with the immune system including allergies.

Nogier C | 1,168 Hz

Nogier C brings coherent frequencies to the mesoderm (middle tissue) that forms connective tissue such as ligaments, tendons, cartilage, muscle, and bone. It also forms the heart, blood and lymph vessels, kidneys, ovaries, testes, spleen, and the cortex of the adrenal gland. Used for muscle, skeletal and myofascial pain.* Try D if chronic condition related to C is not improving.

Nogier D | 2,336 Hz

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Frequency D helps to balance the two sides of the brain. May also help reduce and handle stress. Frequency D can also be used for posture disorders including “false” shorter leg and scoliosis.

Nogier E | 4,672 Hz

Frequency E is used for spinal and skin disorders and for pain control. This frequency brings coherence to the spinal cord and peripheral nervous system. Veterinary experience reports the reduction of excess calcification such as bone spurs and arthritic joints.

Nogier F | 73 Hz - Harmonic Frequency

Emotional Reactions: Resonates with the subcortical lower regions of the brain, including the thalamus and hypothalamus—two major control centers for body functions. May also help with muscle spasms, facial pain, headaches and depression. Has been used for non-healing bone fractures and to help balance hormones. Veterinary experience: Improves circulation.

Nogier G | 146 Hz - Harmonic Frequency

Intellectual Organization: Used for memory, psychological disorders, nervousness and worry. Resonates with the cerebral cortex of the brain—involved with thinking, imagining and creating. Veterinary experience: Reduces inflammation and scar tissue on tendons and ligaments, reduces edema and improves gums. Frequency G is a universal frequency (as is A) to try for any condition.

Nogier L | 276 Hz

Nogier L brings resonance to the brain. The 276 Hz is helpful for difficulties with left brain to right brain communication. It specifically helps with dyslexia, concentration issues, memory issues, depression and others.